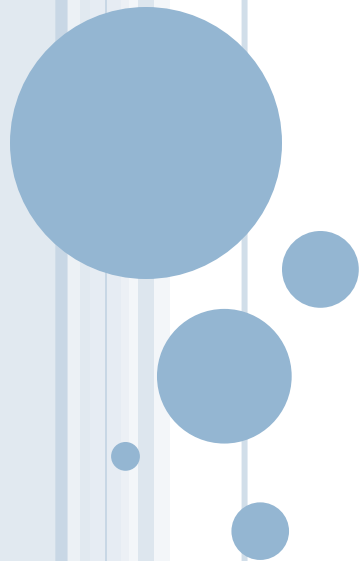


# THE NEW ITALIAN NATIONAL STRATEGY

**Teresa Di Fiandra**  
**Ministry of Health, Italy**

*Rome, 14 November 2014*



## Italy at a glance



Area: **301,340** sq km

Population: 60 million

% urban population **68.36**

Life expectancy at birth (2011): **82**

Male: **79.4**

Female: **84.5**

Total fertility rate (2011): **1.39**

Source: ISTAT

WHO European health for all database

# ITALY AND DEMENTIA

- **12.639.000 population aged over 65 (21.2%)**
- **1.000.000 people with dementia, 60% with Alzheimer (estimate)**
- ***3.000.000 estimated family carers***
  
- **In 2000 the «Project CRONOS», started as an observational study on pharmaceuticals, established a new structured approach to dementia and multiplied the number of **health services for dementia** all over Italy (from **50 to 500 Units, regionally based**)**



# Health Services for dementia in Italy (NIH survey 2006)



***n° of dementia  
Units /Memory  
clinics: 503***

***Over 2000  
professionals  
working***



# SERVICES FOR DEMENTIA: SURVEY 2014

- A new survey, funded by the MoH and coordinated by the NIH, is presently ongoing to update information on the global offer of services for dementia in the Country, considering the differences among the 20 Italian Regions
- Data will be the basis for creating a National «Observatory» on dementia....
- ...and for monitoring the application of the new National strategy



# **THE NATIONAL PLAN ON DEMENTIA**

**The plan has been developed by the MoH in close cooperation with the Regions (health and social sectors), the NIH and the 3 major National patients/carers Associations**

**Attention to local and regional needs is crucial for organising services, in the framework of National Laws and assuring basic levels of quality care (LEA)**



# THE NATIONAL PLAN ON DEMENTIA

The strategy addresses areas such as:

- ▶ **Prevention**
- ▶ *Network of services*
- ▶ **Integrated care**
- ▶ *Research*
- ▶ **Ethics and empowerment of patients/carers**
- ▶ **Fight against stigma**



# OBJECTIVES OF THE PLAN

1. **Promote policies and actions in the view of Public health and social approach**
2. **Create/strengthen the network of integrated services based on integrated approach/work**
3. **Implement strategies for promoting appropriateness and quality of care**
4. **Improve the quality of life of people with dementia and their families also through empowerment and fight against stigma**





# ACTIONS

*For each Objective, actions are defined, to be implemented to reach the goals.*

*Among those we can underline the following:*

- Map the offer of services at National and regional level
- Integrate existing information flows to create a National dementia information system
- Establish a National table for permanent confrontation and for monitoring the implementation of the Plan



# ACTIONS

- **Integrate disciplines and professionals**
- **Integrate health and social approach and functions**
- **Train specialists, also in common settings with GPs and carers**
- **Develop/update Guidelines and Consensus documents, in the framework of the National System of Guidelines and involving Scientific Associations**



# ACTIONS

- **Assure tailored and evidence based care, also through continuous monitoring of quality**
- **Promote empowerment of people with dementia and their carers**
- **Fight stigma, promote rights and social inclusion**
- **Offer support to carers and involve them in every phase of diagnosis/treatment**



# FUTURE DEVELOPMENTS

- The Plan also lists a number of important issues which need to be addressed in a more specific way. They will be discussed and assessed in new documents in the coming months
- A first list includes: early onset dementia; ethical aspects such as anticipated wills; problems of dementia in patients still in the job market, etc.



# FUTURE DEVELOPMENTS

- **The Plan has been approved in October by State and Regions.**
- **It will now be implemented according to local situations,**
- **and monitored at National level**

