

# Why case management fits in a dementia-friendly society



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# The Netherlands



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## Counting:

**residents**  
17 million

**People with dementia**  
256.000

of whom:

- > 100.000 no diagnosis
- > 70% living at home
- > 44% live alone
- > 12 000 < 65 years old

# The Netherlands



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## Costs

Dementia most expensive disease amongst people

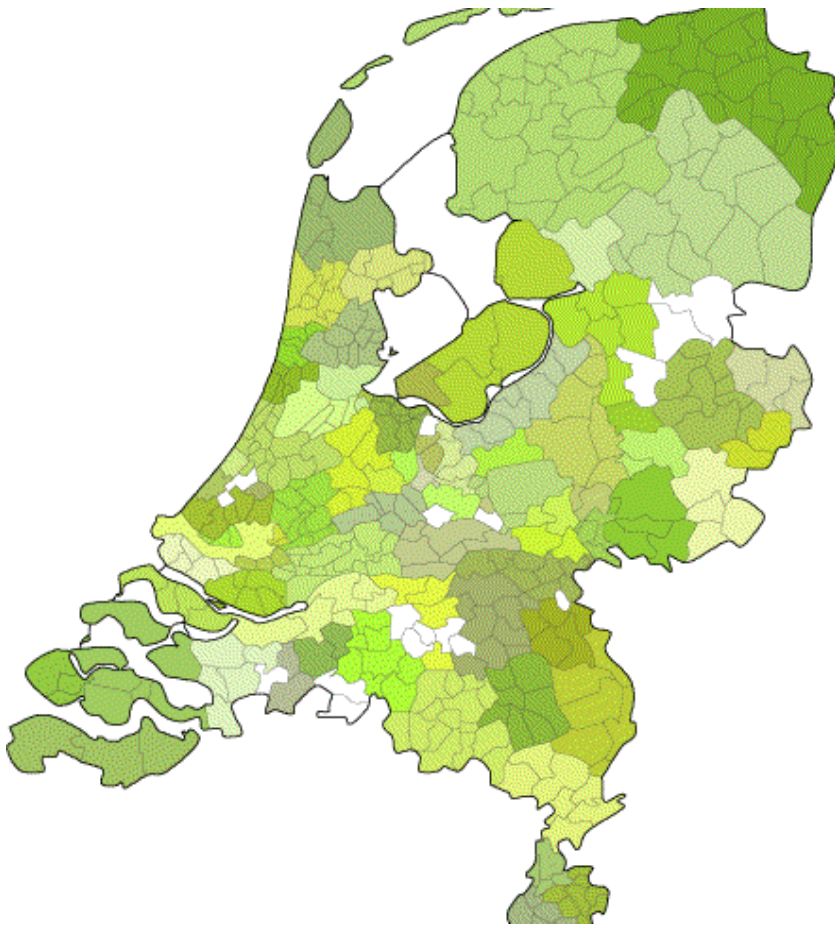
3,9 € billion each year on nursing homes

80.000 people in nursing homes

Costs per person per year:

50.000 €

Average length of stay: 1,5 year



# Actual situation



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- \* Purchase of dementia care transferred from health insurers to municipalities with budget reduction



Secretary of  
State: we have  
to cut costs by  
25%

- \* Moving towards Civil society

# What Tineke wants.....



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Speak to me  
Help me if you can

I want to do the things that  
I want as long as I can,  
At home

support each other

I know, it's difficult,  
but at least let's try



Tineke (48 years old)

# What works? The recipe



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**1. Integrated care**

regional networks: 86

**2. National standard on dementia**

high Q in dementia care

**3. Case management dementia**

personal support

**4. Acceptance of dementia**

dementia-friendly society

# Case management dementia



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## Tasks

- \* Carrying out care diagnosis
- \* Organize & coordinate
- \* Practical support
- \* Giving information
- \* groupscounseling
- \* Socio – psychiatric counselling
- \* Crisis treatment

## And:

- \* Independent advisor
- \* Working together with GP
- \* helping client system
- \* Nurse + dementia education
- \* at least 16 hours a week



# Enough case management?



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No, 25% has been realised

**Our goal:**

**High quality case management for dementia in  
personal health insurance in 2014**





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# Is case management expensive?

**NO!**

## **1. Business case (VGZ, health insurer 2012)**

On annual basis case management would save up to 200 million euro when implemented in the Netherlands

## **2. Social Business case SBC (Eindhoven, 2012)**

Social return on investment (SROI) €2,48

# Is case management needed?

## 1) National survey: Dementia monitor

Nivel 2012 n=2400 carers 1 questionnaire



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### Top 3 care needs:

1 information

**2. Case manager**

3. Day care activities

### Top 3 needs for improvement:

1. Diagnosis

2. communication

3. Crisis treatment



# Is case management needed?

## 2) National evaluation case management

Nivel/Trimbos 2012

n= 500 carers/ followed 2 years



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- understanding and attention
- better coping with changing behavior
- more information
- less lonely, sharing concerns
- fewer visits to GP in night/weekend
- day care activities doubles
- carer is positive: rating an 8



# How Marieke Willems, case manager in Bladel, helps



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DEMENTIE OM NIET TE VERGETEN



CIRCA 265 MENSEN IN BLADEL LIJDEN AAN DEMENTIE.  
DIT KUNSTWERK IS GEMAAKT DOOR ÉÉN VAN HEN.  
VOOR MEER INFORMATIE OVER DEMENTIE-VRIENDELIJKE GEMEENTE:  
[WWW.BLADEL.NL/DEMENTIE](http://WWW.BLADEL.NL/DEMENTIE)

We participate in our project  
dementia-friendly Bladel

We helped in finding people  
with dementia for an art-  
project. We gave the posters  
to GP's, shopkeepers

I give presentations how to  
interact with people with  
dementia

**Conclusion:**

**Case management fits**

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**Thank you!**

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