



Muistiliitto

Alzheimer Centralförbundet Alzheimer Society of Finland



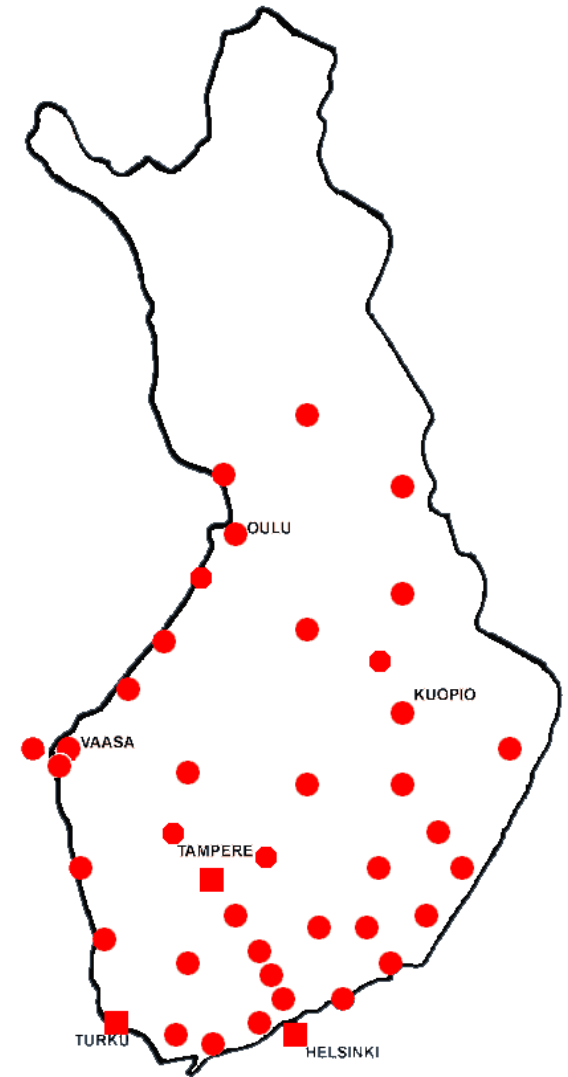
Network of memory expert and support centres provides information and guidance in Finland

AE conference 11.10.2013 St Julians, Malta

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Alzheimer Society of Finland

Alzheimer Society of Finland

- Established in 1988
- A non-profit organization
- Central Society for 43 member associations
 - 11'000 members
 - 140 employees
- ~130 000 persons with memory illnesses
 - 13 000 new diagnosis yearly



Background:

- ❑ Increasing numbers of memory illness people
-> the need of support
- ❑ Lack of the public services
- ❑ The challenges of voluntary work in Alzheimer associations
- ❑ Funding granted by Finland's Slot Machine Association in 2006 enabled alzheimer and dementia associations in Finland to start nationwide pilot memory expert and support program



RAY: Funding for Finnish welfare

- ❑ RAY grant funding is collected from slot machine and casino gaming operations, and it is channelled to health and social welfare organisations.
- ❑ Over 800 organisations receive funding each year.
- ❑ **This year Ray grants MEUR 367.5 of profits to Finnish welfare.**
- ❑ Funding granted by Finland's Slot Machine Association in 2006.

The nationwide Memory pilot Expert and Support Program`s mission

is to ensure that the people with memory-related diseases and their families are *adequately informed* of the memory disorders and get opportunity to participate in those *functions* and *services* which make everyday life easier.

Local expert and support centres ensure that people with Alzheimer's disease and their caregivers would have the opportunity to *influence* and *participate as a full member of their own environment*.

Expert and Support Centre network

- The Alzheimer Society of Finland coordinates
- Are managed by the Alzheimer and dementia associations
- Permanent funding to the centres from year 2012
- 3.8 million euro and over 50 employees
- Strong network of third - sector memory professionals in every Finnish province.

Memory Centres provinces in Finland

The national network comprises 17 expert and support centres which cover almost entire Finland.



National coordination

ensure that centres follow common criteria, which include:

- nationally shared vision
- commitment to network
- provincial approach
- customer orientation
- quality promise
- systematic development work
- evaluation of the work

Expert and Support Centre goals:

- improve and expand services for people with memory disorders and their caregivers.
- improve the quality of life of people with memory disorders and their caregivers by providing opportunities to participate in activities organized by centres.
- developing home-based support services
- promoting the work of memory nurses and memory teams
- connecting different operators by coordinating shared activities
- strengthen the Alzheimer associations role as a part of the social support means

Expert and Support Centres functions:

guidance and
information

co-operation

support
services

family
courses



peer
support
groups

opportunity
to participate

leisure
activities

influence

MEMORY PILOT PROGRAM'S RESULTS:

- Information of memory disorders and care treatment has increased
- Services to people with memory disorders have improved
- Peer support groups operating locally
- People are much more aware of memory disorders and work done by Alzheimer associations have got more publicity
- Expert and support centres has co-ordinated and strengthened work of the associations and brought good practices together
- Alzheimer associations' have a larger local-level role as part of the care pathway
- Municipality cooperation has improved
- Nationwide network which has improved the equality and quality to support people with memory disorders
- Nationally shared vision

External evaluation 2011

- ❑ 85 % of the clients feel that they have obtained concrete benefits from the regional support centres.
- ❑ Professional, enthusiastic and committed leaders were considered a major strength.
- ❑ Another important factor was getting up-dated information on disorders and related matters.
- ❑ Participants and their families have got a new and refreshed mindset whereby their life-quality has improved.
- ❑ 81 % thought that the activities and services provided by the provincial Memory Pilot centre were of high quality, 68 % considered the activities diverse and comprehensive
- ❑ The most important activities and services cited were the peer support groups, first information sessions, close aid activities, relative groups and recreational activities for people of memory disorders and their caregivers.



THANK YOU FOR YOUR ATTENTION!

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