

Home ergotherapy supporting the person with Alzheimer disease and his family

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An answer...

- Daddy doesn't know what to do...
- My husband doesn't do anything more and is almost sleeping...
- Mummy doesn't go out anymore; she is not willing to meet other people. Can you come home to stimulate her...she has to stay active!
- I dare not leave home as my husband becomes angry. I would like to join my bridge club and take care of my grand children.



What's the real request



- The carer is exhausted and doesn't know anymore what to undertake with his diseased parent?
- A lack of understanding of the disease, risk of confrontation between the carer and the person suffering of the Alzheimer disease?
- A denial of the disease pushing the families to some re-education sessions, thinking that it will bring their parents back to their day-to-day activities?

Requests description

- **Information upon the disease and its way of behaving;**
- **Information on the different support facilities;**
- **Improvement of the autonomy in the day-to-day life;**
- **Accessibility to social and/or leisure activities;**
- **Assistance and support for quality of life for the diseased person and for the near carer.**



Actions

- **General information of the disease...**



- **Specific information related to the capabilities and the difficulties of the diseased person.**



- **Adaptation of the surrounding...**
- **Developpement of strategies to respond to**
 - 1. Memory confusion**
 - 2. Mood and behaviour of the diseased person;**
 - 3. Specific difficulties of the person.**



State of the diseased



Reeducation?



Stimulation?



Accompaniment in
an authentic
relation?

Isolation of the disoriented person

Alone



With his/her family

With her husband or his wife

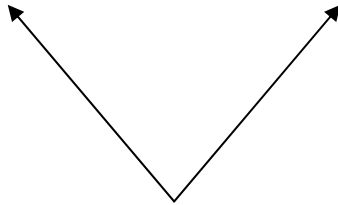
Aims of the home ergotherapy

- promote the communication between the diseased and close circle;
- keep as much as possible the functional and mental autonomy of the disoriented person;
- relieve his emotional distress;
- promote his integration with his surroundings;
- inform the family of the evolution of the disease and of the capabilities of the person

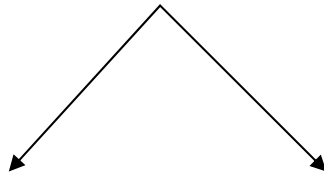
Application

- **Sponsored project by « The King Baudouin Foundation »**
 - **6 sessions**
 - **2 hours/session**
 - **75 euros**





Respite solutions



Conclusion

- Home ergotherapy allows:
 - Observation
 - Evaluation
 - Stimulation and adaptation
 - Support
 - Respite



Contact

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