

The Imagination method

A new approach for caregivers of people with Dementia in nursing homes



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theater
veder

Content presentation

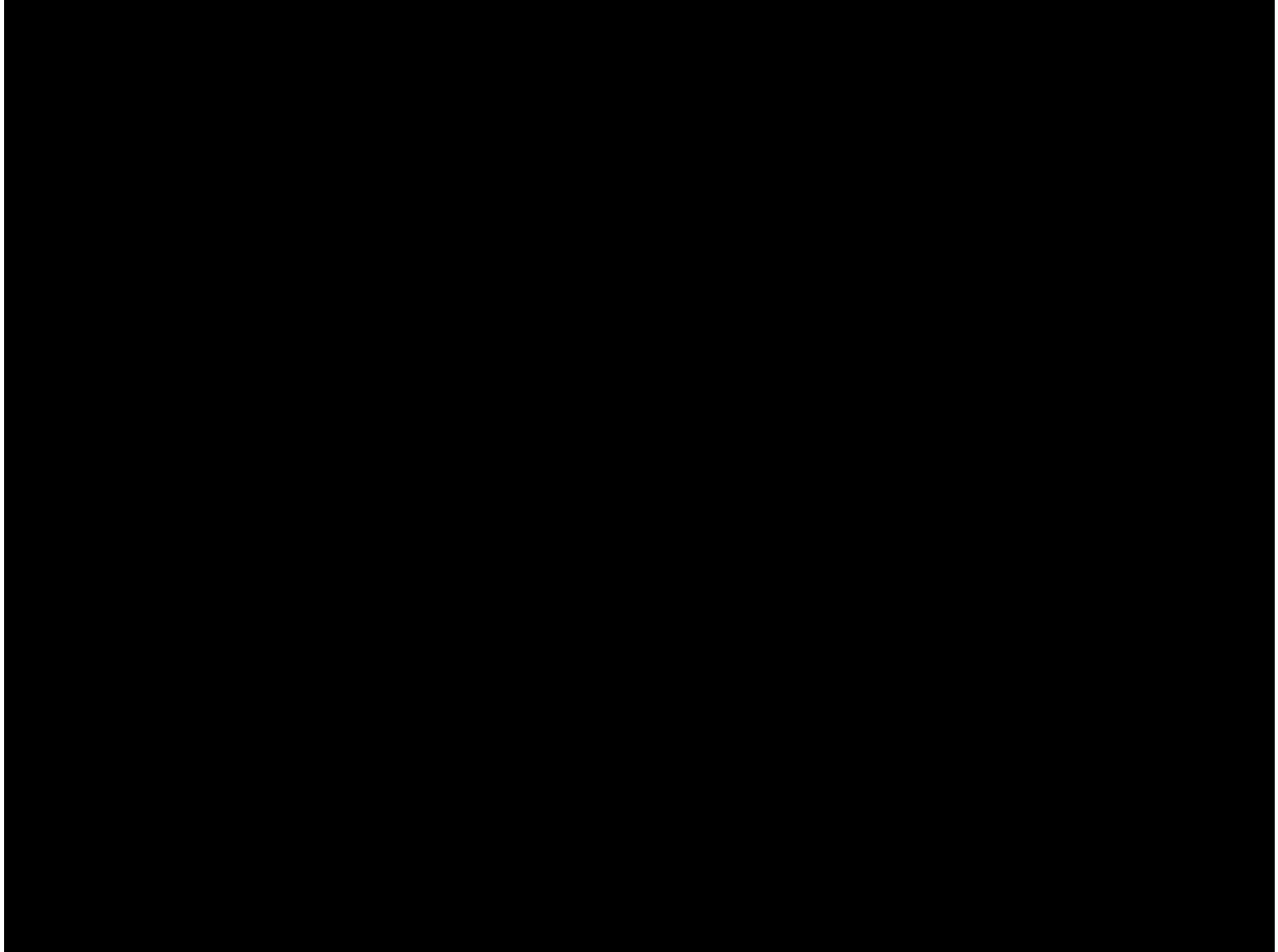
1. Background
2. Aims of the study
3. Method
4. The Imagination Method
5. Process-evaluation
6. Impact study
7. Conclusions

Background

- 230.000 people with dementia in The Netherlands
- 25% of people with dementia live in nursing homes
- Aims project Theater Veder: use of poetry and theatrical stimuli to stimulate reciprocity in the communication between caregiver and person with dementia



Video



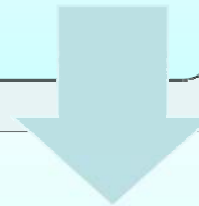
Aims of the study

- To describe the Imagination method
- To evaluate the implementation on psychogeriatric nursing home wards
- To evaluate the effects on people with dementia (PwD's) and their professional caregivers

Phases

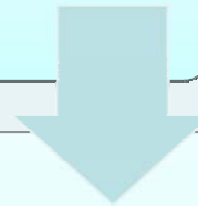
Phase 1: May 2009 - September 2009

Description of Imagination Method



Phase 2: September 2009- January 2010

Process-evaluation of the implementation



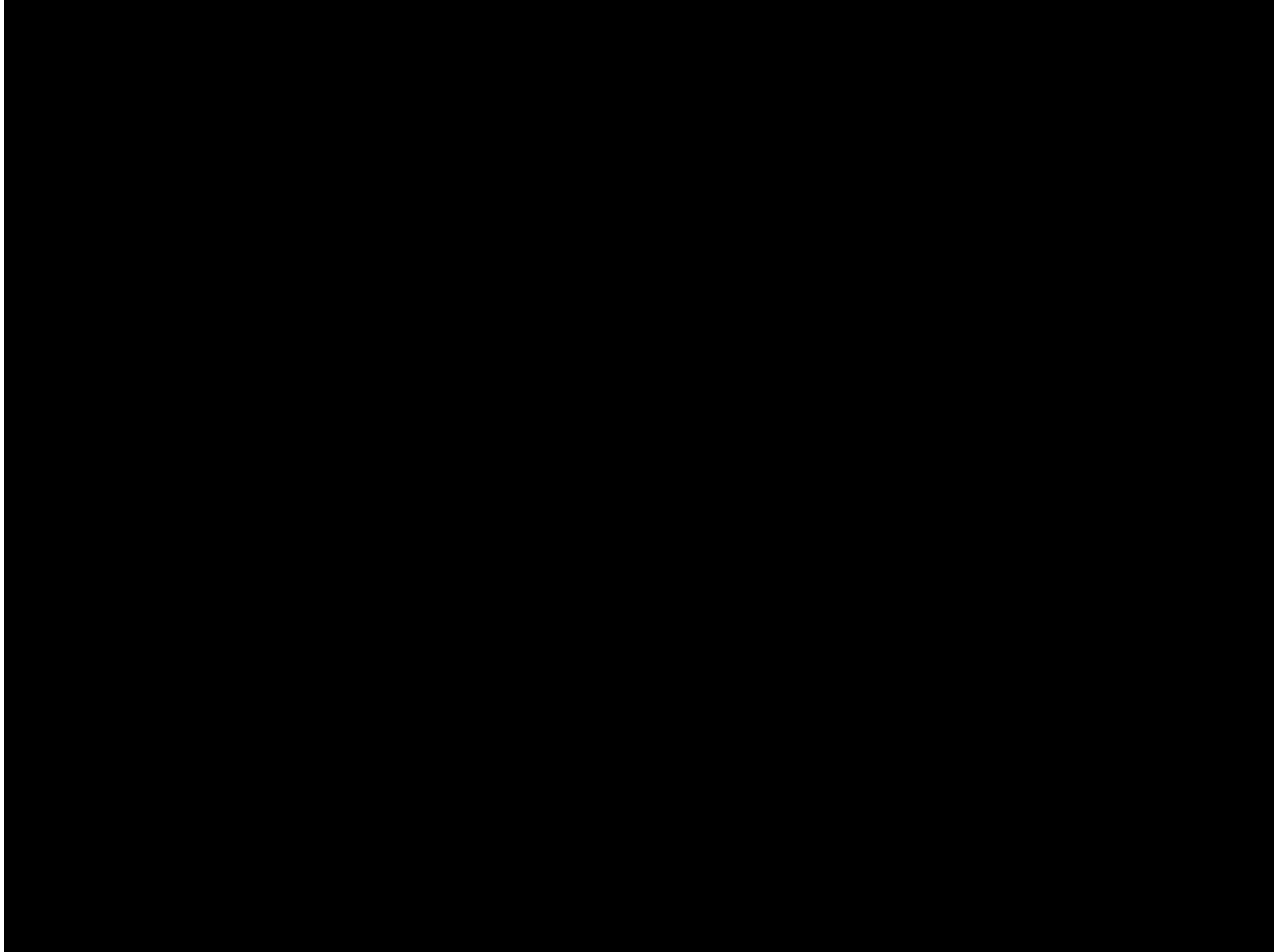
Phase 3: January 2010 - December 2010

Impact study people with dementia & caregivers

Phase 1: The Imagination Method

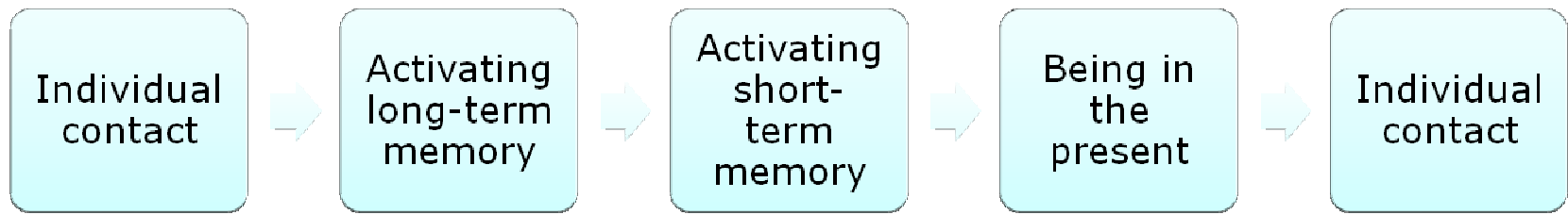
- Descriptive analysis of the Imagination Method by means of systematic participant observation
 - 'Living room shows' (N= 7)
 - Theatre shows (N= 4)
- Application: (1) individual communication and (2) as a group activity

Video



Phase 1: The Imagination Method (2)

- Use of poetry, songs and theatre in combination with emotion-oriented care methods as reminiscence and Validation



- Results: The use of songs, Validation and individual contact had positive effects on PwD reactions

Phase 2: Process-evaluation

- Investigation of barriers and facilitators implementation by means of interviews
 - Key figures (N =11):
- Main implementation activities:
 - ‘Living room shows’ by actors
 - Theatre-shows
 - Training
 - Coaching on the job
 - Refresher course days



General impression of a training

Phase 2: Process-evaluation (2)



- Results: Facilitators in implementation
 - Enthusiasm
 - Support and involvement of every level in the organisation
 - The presence of a project plan
 - The presence of stable key figures and contact persons
 - Appointing a 'core-group'
 - Building in standard evaluation-moments

Phase 2: Process-evaluation (3)



- Results: Barriers in implementation
 - Insufficient communication about mutual expectations between implementator and the nursing home
 - Lack of management-support
 - Lack of support by the implementator on implementation in daily care
 - Insufficient time for caregivers to prepare and practice the Imagination method

Phase 3: Impact study PwD's

- Two groups, 60 persons per group
 1. Reminiscence activity
 2. 'Living room show' according to Imagination Method
- Three measurements
 - (T1) pretest, (T2) during activity, (T3) posttest
- Standardized observations
 - Qualidem, Interact, Quality of Care Behaviour, list to measure the quality of activity

Phase 3: Impact study PwD's (2)

- Psychogeriatric nursing homes (N=10)
 - Reminiscence activities (N=9)
 - 'Living room shows' (N=10)



Phase 3: Impact study caregivers

- Focusgroups with trained professional caregivers (N=5)
- 6-10 professional caregivers per focusgroup
- Topics:
 - Work satisfaction in relation to the Imagination method
 - Work experience in relation to the Imagination method
 - Applicability of the Imagination method during daily work

Conclusion

- Phase 1
 - Aim of the Imagination Method is to enhance the reciprocity in care relations by means of theatrical stimuli combined with emotion-oriented care methods
- Phase 2
 - Several barriers and facilitators for implementation of the method in care homes and nursing homes are described
 - Outcomes can be utilized by care providers who want to implement this method in care homes
- Phase 3
 - Results are expected in Januari 2011

End

Thank you very much for your attention!

More info:

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