Home ergotherapy supporting the person with Alzheimer disease and his family

Dufour Anouk
Asbl Alzheimer Belgique
An answer…

• Daddy doesn’t know what to do…

• My husband doesn’t do anything more and is almost sleeping…

• Mummy doesn’t go out anymore; she is not willing to meet other people. Can you come home to stimulate her…she has to stay active!

• I dare not leave home as my husband becomes angry. I would like to join my bridge club and take care of my grand children.
What’s the real request

• The carer is exhausted and doesn’t know anymore what to undertake with his diseased parent?

• A lack of understanding of the disease, risk of confrontation between the carer and the person suffering of the Alzheimer disease?

• A denial of the disease pushing the families to some re-education sessions, thinking that it will bring their parents back to their day-to-day activities?

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Requests description

- Information upon the disease and its way of behaving;
- Information on the different support facilities;
- Improvement of the autonomy in the day-to-day life;
- Accessibility to social and/or leisure activities;
- Assistance and support for quality of life for the diseased person and for the near carer.
Actions

• General information of the disease…

• Specific information related to the capabilities and the difficulties of the diseased person.

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• Adaptation of the surrounding…

• Développement of strategies to respond to
  1. Memory confusion
  2. Mood and behaviour of the diseased person;
  3. Specific difficulties of the person.
State of the diseased

Reeducation?

Stimulation?

Accompaniment in an authentic relation?
Isolation of the disoriented person

- Alone
- With her/his family
- With her husband or his wife
Aims of the home ergotherapy

- promote the communication between the diseased and close circle;
- keep as much as possible the functional and mental autonomy of the disoriented person;
- relieve his emotional distress;
- promote his integration with his surroundings;
- inform the family of the evolution of the disease and of the capabilities of the person
Application

• Sponsored project by « The King Baudouin Foundation »
  • 6 sessions
  • 2 hours/session
  • 75 euros

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Respite solutions

Day care center

Asbl Baluchon

Art-therapy Psychomotricity, ...

Home care

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Conclusion

• Home ergotheraphy allows:
  – Observation
  – Evaluation
  – Stimulation and adaptation
  – Support
  – Respite
Contact

• Asbl Alzheimer Belgique:
  Boulevard Lemonnier,144
  B-1000 Bruxelles
  Tel: 02/428.28.10
  Contact person: Dufour Anouk